

Workshops on 'Diversity and Flexibility' offered by 4TU.CEE & WUR in 2018

Workshops provide you with a practical, skill-building environment, engaging you in activities and receiving significant feedback from the instructor and other participants. It is the best and most efficient way to quickly develop a new skill!

Have a look at our 4TU.CEE workshops:



✓ REFLECTIVE INTERCULTURAL COMPETENCE on 8 & 9 March

During this **1½ day training** you will increase your intercultural competence in transition situations in your professional context. You will get in-depth information on cultural transition management, and on working or studying in an international learning environment. Personal inventories, critical incidents and questionnaires are used as tools.

✓ TEACHING IN THE INTERNATIONAL CLASSROOM on 19 & 20 April and on 25 & 26 October

This **2-day** course is designed to help teaching staff at universities learn to teach their domestic and international students core intercultural competencies. Students need to learn these in order to interact more effectively and appropriately with the culturally diverse student population and lecturers they are encountering in today's international classrooms and will continue to encounter during their future careers.

✓ SUPPORTING INTERNATIONAL STUDENTS : HOW TO TURN FEAR OF FAILURE INTO COMPETENCY on 9 May

International students are confronted with various challenges when moving abroad: increased stress, isolation, anxiety and difficulties, while adjusting to a very different environment. This **1-day training** will explore how teaching and counselling staff can help students stabilise their self-esteem and cope with the emotions triggered by real or perceived failure. Themes such as culture and learning, acceptance of limitations, cognitive reframing and unconditional self-worth will be discussed. Participants will be provided with strategies and interventions to be used when encountering such cases.

✓ **HOW TO BEAT PROCRASTINATION on 15 June**

A **1-day** workshop designed to support lecturers who struggle with procrastinating tendencies of their students. It will provide you with useful information and strategies that will support you in helping students to develop the mindset and the capacity to start and finish their projects on time!

✓ **INCLUSIVENESS FOR BETTER STUDY RESULTS on 18 September**

In this **1-day** workshop you will be guided through some of the most challenging topics of the field of inclusion, such as micro-aggression, cultural appropriation and implicit bias. You will be trained on how to create an inclusive environment in the 21st century.

✓ **FROM EMOTIONAL TO CULTURAL INTELLIGENCE on 21 September**

A **1-day** workshop that will instruct participants on both emotional and cultural intelligence skills, clarifying the difference between the two, and how cultural intelligence is even more relevant than emotional intelligence when living or working in an international context. Questionnaires, critical incidents and activities will be used.

✓ **TIME MANAGEMENT ACROSS CULTURES on 2 October**

In this **1-day** workshop, you will become familiarised with different time-management practices around the world. You will learn the difference between monochronic and polychronic use of time, and obtain guidelines on how to use their time in a more culturally sensitive and productive way.

PRACTICAL DETAILS

For whom:

Lecturers, study advisors and student counsellors of 4TU.

Trainers:

- Drs. Marijke van Oppen, Intercultural Trainer Education Support Centre Wageningen University; 4TU.CEE
- Dr. Jessica Price, Psychologist, Trainer, Lecturer Intercultural Sensitivity, Bremen, Germany
- Michael Vande Berg, Ph.D.; Principal, MVB Associates, USA (only for training 'teaching in the international classroom')

More information:

All workshops will take place in Wageningen, either on WUR campus or close by.

For more information and registration contact: office.esd@wur.nl or visit the [4TU.CEE website](https://www.4tu.nl/cee).