

Workshops on cultural diversity offered by 4TU.CEE in 2019 & 2020

Workshops provide you with a practical, skill-building environment, engaging you in activities and receiving significant feedback from the instructor and other participants. It is the best and most efficient way to quickly develop a new skill!

Have a look at our 4TU.CEE workshops:



✓ Workshop: How to beat procrastination

A **1-day** workshop designed to support lecturers who struggle with procrastinating tendencies of their students. It's been said that all procrastination is delay, but not all delay is procrastination. It will provide you with useful information and strategies that will support you in helping students to develop the mind-set and the capacity to start and finish their projects on time!

Practical details:

Date: 30 Augustus 2019

Time: 9:00-17:00h

Location: Wageningen University & Research

Costs: free of charge for anyone working at 4TU

Registration: through the [4TU.CEE website](#)

Trainer: Marijke van Oppen, Intercultural Trainer 4TU.CEE

Information: More information on the programme will be provided at a later stage.

✓ Workshop: Culturally appropriate and effective feedback

Enhance your skills in giving effective feedback in the international classroom in this **1-day** workshop. During this workshop you will become acquainted with diverse ways of giving effective feedback, which can help you manage student performance in a transcultural context. You will practice methods that are very useful. You will learn what feedback can mean in an intercultural context, how it affects the learning process, and what the impact is of the message you communicate to others. The workshop focuses on feedback in the international classroom as well as in other professional settings in higher education. Diverse methods will be practiced. Personal inventories, critical incidents and questionnaires will be used as tools to develop and enhance your spectrum of giving feedback and become more effective in the learning process. **Note: this workshop is given twice; once at TU Delft and once at University of Twente.**

Practical details:

Date: TU Delft: 18 October 2019
University of Twente: 1 November 2019
Time: 9:00-17:00h
Location: TU Delft/ University of Twente
Costs: free of charge for anyone working at 4TU
Registration: register [here](#) for TU Delft
register [here](#) for University of Twente
Trainer: Marijke van Oppen, Intercultural Trainer 4TU.CEE
Information: More information on the programme will be provided at a later stage.

✓ **Workshop: Inclusiveness for better study results**

When topics such as cultural differences, politics, gender and religious practices are discussed, even the most well-meaning can make painful mistakes that can lead to cultural conflict and misunderstanding. In this training, you are guided through some of the most challenging topics in the field of inclusion, such as micro-aggression, cultural appropriation and implicit bias. Furthermore you will be trained in this **1-day** workshop how to create an inclusive environment in the 21st century.

Practical details:

Date: 13 December 2019
Time: 9:00-17:00h
Location: TU Eindhoven
Costs: free of charge for anyone working at 4TU
Registration: through the [4TU.CEE website](#)
Trainer: Marijke van Oppen, Intercultural Trainer 4TU.CEE
Information: More information on the programme will be provided at a later stage.

✓ **Workshop: Helping international students turn fear of failure into self-governance**

International students are confronted with various challenges when moving abroad: increased stress, isolation, anxiety and difficulties, while adjusting to a very different environment. This **1-day training** will explore how teaching and counselling staff can help students stabilise their self-esteem and cope with the emotions triggered by real or perceived failure. Themes such as culture and learning, acceptance of limitations, cognitive reframing and unconditional self-worth will be discussed. Participants will be provided with strategies and interventions to be used when encountering such cases.

Practical details:

Date: 14 February 2020
Time: 9:00-17:00h
Location: Wageningen University & Research
Costs: free of charge for anyone working at 4TU
Registration: through the [4TU.CEE website](#)
Trainer: Marijke van Oppen, Intercultural Trainer 4TU.CEE
Information: More information on the programme will be provided at a later stage.

✓ Training: Teaching in the international classroom

This **2-day** course is designed to help teaching staff at universities learn to teach their domestic and international students core intercultural competencies. Students need to learn these in order to interact more effectively and appropriately with the culturally diverse student population and lecturers they are encountering in today's international classrooms and will continue to encounter during their future careers.

Practical details:

Date: 19 & 20 March 2020

Time: 9:00-17:00h

Location: TU Eindhoven

Costs: free of charge for anyone working at 4TU. Lunches on both days are included, but costs for dinner and an optional overnight stay in a hotel are for own expenses.

Registration: through the [4TU.CEE website](#)

Trainer: Marijke van Oppen, Intercultural Trainer 4TU.CEE

Information: More information on the programme will be provided at a later stage.

✓ Workshop 'From emotional to cultural intelligence'

Cultural intelligence is even more relevant than emotional intelligence when living or working in an international context. In this **1-day** workshop participants will work on both emotional and cultural intelligence skills and become familiarized with the importance of Cultural Intelligence when facing different cultures or while being abroad. Participants will learn the differences between emotional intelligence and cultural intelligence, and how to develop their Cultural Intelligence, in order to manage cross-cultural relationships effectively and translate interpersonal capacities in international contexts. Questionnaires, critical incidents and activities will be used.

Practical details:

Date: 8 May 2020

Time: 9:00-17:00h

Location: Wageningen University & Research

Costs: free of charge for anyone working at 4TU

Registration: through the [4TU.CEE website](#)

Trainer: Marijke van Oppen, Intercultural Trainer 4TU.CEE

Information: More information on the programme will be provided at a later stage.